

December 2023

## Services

December 9

Divine Service - 11:30am

Lesson Study - 10:15am

Prayer Breakfast – 9:30am

## Location

Englise Baptiste Church  
10002 Riggs Road  
Adelphi MD, 20783



## Newsletter

For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. 2 Corinthians 4:6 KJV



*Christmas Program*



*Prospective Church Building*

As winter is approaching, let's keep warm in front of the fire place with friends and family. May you have a blessed Christmas and cherish the moments of thankfulness that all God has done for you in 2023. With his power we move forward! We are having a special Christmas program for our Sabbath Service organized by Swinitha Osuri. (pg2).

The following pages of this newsletter you'll find health information, a CDC update, fundraising information, current photos and other engaging materials for you. We hope you enjoy this Newsletter.

## Contact Us

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Email:

[Info@saaa.org](mailto:Info@saaa.org)

Mailing Address

P.O. Box 4818,  
Silver Spring MD 20914

## Upcoming Events

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December 9

Sabbath Service

Christmas Party – 6-9pm  
EBC – 10002 Riggs Rd  
Adelphi, MD 20783

Dec. 10, 17 & 24

SFF 10:00 am pg4

January 13

Sabbath Service

February 14

Sabbath Service

### Special Christmas Program, Swinitha Osuri

Swinitha Osuri is a longtime friend and member of SAAA. She is a great asset for our association, who encourages members and supports its activities with great enthusiasm.

We are thankful for all the participants for sharing their talents. May you be drawn to God's presence as you listen to the special music, readings and the parody of Jesus story.

#### “Who gave Jesus the name of Christ?”

In John 11:27 Martha told Jesus, "you are the Christ, the Son of God, who is coming into the world", signifying that both titles were generally accepted (yet considered distinct) among the followers of Jesus before the raising of Lazarus.

#### Where did the name Jesus Christ come from?

Christians of the time designated Jesus as "the Christ" because they believed him to be the messiah, whose arrival is prophesied in the Hebrew Bible and Old Testament. In postbiblical usage, Christ became viewed as a name—one part of "Jesus Christ".

#### What is Jesus's full name?

However, if local custom was followed, he would likely have been formally called “Yeshua Bar Yosef” (Jesus son of Joseph). In other settings, he might be called by his hometown, “Jesus of Nazareth.” The name “Jesus” means “the Lord is Salvation” — certainly a fitting name for Our Savior! ”



## Board Members

Chair

Ronald Ninala

Members

Kingston Benjamin 20-22

Devanand Jilapalli

Michael Osuri

Ernest Ponraj

Nathan Purushothaman

Starlet Vedomuthu

Rathan Raj Yealuri

## Exec. Committee

President

Marjorie Inparaj

Vice President

Praktan Kokila

Treasurer

Chitty Palivela

Assist. Treasurer

Ponraj Maharajan

Public Relations

Premila Pedapudi

Secretary

Mrudula Rao

Assist. Secretary

Brittany Benjamin

## Keep your Holidays Merry and Food-Safe!

Amanda Harkless



When more than one hand is in the kitchen, food borne illness may arise. Here are some tips to keep your family and loved ones safe.

1. Just as you have a procedure for storing gifts when you get home, you should have a system for storing your food.
2. Chill perishable groceries within 2 hours of shopping.
3. Store raw meats in a container to prevent juices from leaking. They should also be stored below ready-to-eat foods.
4. Cook food thoroughly. Use a food thermometer to make sure meat, chicken, turkey, seafood, and eggs have been cooked to a safe internal temperature to kill germs.
5. Keep food out of the “danger zone.” Germs can grow rapidly in the danger zone between 40°F and 140°F. Refrigerate or freeze perishable food like meat, chicken, turkey, seafood, eggs, cut fruit, cooked rice, and leftovers within 2 hours (1 hour if food is exposed to temperatures above 90°F, such as in a hot car).
6. Keep track of how long foods have been sitting on the buffet table and discard anything left out for two hours or more.
7. Reheat hot foods to 165°F.
8. Wash your hands regularly. Before, during and after preparing food; before eating; after touching garbage and toileting.
9. Think Swim, Walk, Fly. Fish should be cooked to 145°F, Steak: 145°F, Ground beef: 160°F, poultry 165°F.
10. Keep a safe stove. Make sure pot holders, wooden utensils, food packaging, and towels are away from the stove.

**Sources:** <https://www.dshs.texas.gov/12-days-holiday-food-safety>;  
<https://www.cdc.gov/foodsafety/communication/holidays.html>;  
[foodsafety.gov](https://www.foodsafety.gov)

### CDC Update

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Wear a mask until day 10.



## Religious Committee

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### Members

Helen Charles

Don Injety

D. Masilamony

Swinitha Osuri

## Hospitality Committee

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### Chair

Seetha Milton

### Co-Chair

Clara Meesarapu

## Social Committee

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### Members

Stanley Monickam

Ernest Ponraj

Merlin Ponraj

## Project Committee

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### Members

Devanand Jillapalli

Neeraja Jillapalli

Swinitha Osuri

### Bina Palivela

Bina is raising funds for the Building Project by selling pickles and Andhra masala. If you are interested, please email her [bcpalivela@gmail.com](mailto:bcpalivela@gmail.com)



### Building Project

Support the building project with monetary contribution and prayers.

### *Proverbs 3:9-10*

admonishes us to be generous with our finances, and in return, God promises to bless us. Honor the Lord with your wealth, with the first fruits of all your crops; then your barns will be filled to overflowing, and your vats will brim over with new wine.



Please join our exercise class (SFF) to stay fit and be energized.

### Sunday Funday Fitness (SFF), let's do it, Stanley Monickam

Please join us via zoom on Sundays from 10am-11am. (Schedule on pg2)

<https://us02web.zoom.us/j/81858299367?pwd=YjU5U3V4cnB6dGMzWUtHcjh3blBuUT09>

Meeting ID: 818 5829 9367

Passcode: 630486

**Welcome Baby Monet:** Anusha, Reavens, and Milan Fenelon are happy to welcome their newest addition, another baby girl, Monet Sivana Fenelon, into their family. Monet was born on October 29 at Shady Grove Hospital. All are doing well!

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*Prayer Requests: Keep the following items in your prayers. Healing for those with health challenges, comfort for those who have lost loved ones and prosperity for SAAA.*

## Asset Management Committee

Chair

**Selvin Inparaj**

Members

**Don Injety**

**Devanand Jillapalli**

**Ponraj Maharajan**

**Krupavaram Meesarapu**

**Ronald Ninala**

**Swinitha Osuri**

**Michael Osuri**

**Rajan Thomas**

**Jeyasingh Vedamuthu**

**Whether  
therefore ye eat,  
or drink, or  
whatsoever ye  
do, do all to the  
glory of God.**

**1 Cor. 10:31**

## Game Night - October 28



We had loads of fun on Game Night!

## Thanksgiving Baskets

Sarah Enjati



Thank you all for the donations that were brought during the SAAA Sabbath Service last month. Our group packaged and distributed 20 Thanksgiving baskets to refugees on Sunday, November 19, with the help of Home Not Borders. We were blessed by the experience and enjoyed meeting the families who were grateful for the contributions.

Some of the items that we couldn't distribute to the refugees were donated to seven families in need.